



ASPEN GROVE SCHOOL

OPTION COURSE DESCRIPTIONS

2023-2024



*"Striving for excellence in education and
nurturing caring, responsible citizens."*

Aspen Grove School

Grade 7 and 8 Core and Complimentary Courses

The information that is provided in this booklet describes the programs that will be offered to the students who will attend Grade 7/8 at Aspen Grove School in the 2023-2024 School Year. Courses for study in Grades 7 and 8 fall into two categories: core and complementary. Core courses are those all students in Alberta are required to take. Complementary courses are those which complete a student's program. Core Courses include Math, Science, Language Arts and Social Studies, Physical Education and Health.

This booklet describes a list of **all possible** complementary courses that may be offered at Aspen Grove School in 2023-2024. Unfortunately, it is never possible to offer students all combinations of complementary courses. Every effort will be made to give the students their preferred choices. *****Complimentary courses are subject to change without notice due to conflicts, timetabling concerns, and/or teacher availability.***

Most complimentary courses (options) are report period based, except for band, orchestra and French which are yearlong options and run from September to June. All other options change with each report period, providing students the opportunity to try many different options. Students will choose Monday/Wednesday and Tuesday/Thursday options.

Students must thoroughly examine the booklet and discuss registration plans with their parents or guardians. The decisions made are very important ones. Please refer to the course descriptions in the following pages for information on each complimentary course.

Please make your selections for course preference by **June 23, 2023**, by using the following link <https://forms.gle/HbyX4mRr2UpgZkAs7>

or scanning the QR Code below:



Grade 7/8 Complimentary Course Descriptions

Art Studio (\$25.00 Fee)

Art is designed to give students an opportunity to develop their basic skills and understanding in the elements and principles of art (line, shape, value, texture, balance, movement, etc.) Students will learn the artistic process through the exploration of various materials. Artistic talent is not a pre-requisite for this course. Any student who is willing to try can enjoy this course and experience success.

Band (Full Year Course)

As part of the Music Program 7-8, students will learn to play a Band instrument of their choice from the following options: Flute, Clarinet, Saxophone, Trumpet, Trombone, Baritone, Tuba, and Percussion. Students will work on developing individual skills and technique on their chosen instrument as well as collaborate with their peers to create a polished group performance. As part of the Band program, students will rehearse and perform a variety of musical selections including marches, classics, pop, jazz, and rock and roll!

This program includes access to special activities such as fieldtrips, music festival, guest professional musicians, concerts in our school and community, and working with younger students in our school.

Beginners are welcome to join this class and no previous experience is required. Instruments may be available for students to borrow, and rentals are also an option.

Orchestra (Full Year Course)

As part of the Music Program 7-8, students will learn to play an Orchestra instrument of their choice from the following options: Violin, Viola, Cello, and String Bass. Students will have the opportunity to play a variety of styles of music as they develop their musical ability individually and as a member of the group. Students will perform in several concerts throughout the year including school assemblies, pop-up classroom concerts and evening concerts. This program includes access to special activities such as fieldtrips, music festival, guest professional musicians, concerts in our school and community, and working with younger students in our school.

Beginners are welcome to join this class and no previous experience is required. Instruments may be available for students to borrow, and rentals are also an option. Orchestra is a full year option.

CTF – Restoration Workshop (\$25.00 Fee)

Restoration gives students the opportunity to develop practical skills and experiences in an industrial art setting. In this course, students will have the opportunity to sand, refinish and update various furniture items. Students accomplish this through developing safe work practices, management skills, skills with various machines and technology, effective teamwork objectives, strong work ethics and high standards of excellence and problem-solving skills.

CTF -Technology (\$25.00 per semester)

In this course, students will explore a variety of specific technology tools in authentic learning tasks. The skills they develop in this course are transferable to their core subjects as well as prepare them for careers in the future. Communication, collaboration, creativity, and critical thinking are the emphasis of this course. Concepts may include Google; blogging and podcasting; wikis; publishing; photo and video editing, audio and image editing, concept mapping, presentation software, web design, animation.

CTF – Job Readiness (\$25.00 per semester)

In this course, students will learn various career and life management competencies such as creating a cover letter and a resume, interview skills, organization skills, financial management and various career choices. They will develop study habits and skills that will help them be organized and prepared to be successful in the workplace and in life.

CTF – Maker Space/Coding (\$25.00 per semester)

Do you like to tinker, create, invent, and learn about how things work? Do you like hands on activities? What is your “Wonder”. This class will allow students to creatively engage in both physical (or tangible) and digital fabrication to solve existing problems or needs. Inquiry, play, imagination, innovation, critical thinking, problem solving, and collaboration are at the heart of this course.

French (Full Year Course)

The French option provides students with opportunities to practice and develop communication skills both inside and outside the classroom. The units are centered on school, people around them and the weather. These units allow students to learn vocabulary appropriate to situations that they might encounter. These activities help to develop the student’s ability to understand, read, listen, and speak French.

Home Economics - Foods (\$25.00 per semester)

Food Basics – Students learn to make wise food choices and to understand recipes, equipment, care in handling food, and the importance of safe and efficient work habits while preparing simple recipes.

Leadership (\$25.00 per semester)

Every student should have the opportunity to discover the leader within. Our leadership program includes activities designed to provide learning opportunities that encourage creative thinking and build self-confidence as well as experiences to strengthen leadership skills such as communication, organization, and teamwork.

Students will be involved in guided, firsthand experience in being responsible for providing leadership for projects, activities, and initiatives at the school and in the community. Students will be expected to volunteer their time with school events to help create a lively and positive school environment. This course is intended to build character and skills of adolescents in an engaging and authentic approach to learning.

Outdoor Education (\$25.00 per semester)

Students in this course will develop the basic skills and attitudes that are necessary for safe, and comfortable outdoor experiences. Students will demonstrate an awareness and appreciation of living things and an understanding of basic ecological processes. This course is designed to be very hands on, we will be going outside as much as possible and engaging in experiential learning. At the end of the course, students will have developed the skills and confidence needed to participate safely in a wide range of environmentally responsible activities in an outdoor setting.

Total Body Fitness (\$25.00 per semester)

Do you ever wonder what it takes to be fit for life? This class will explore healthy fitness behaviors and nutrition choices. We plan to look at what is out there to keep you fit for life. Units would include exploring sports, nutrition, and training. This is a performance-based course; students are expected to participate in all activities. Gym attire is required.